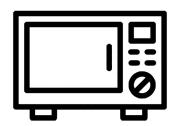
## **Microwave Heating Instructions**



French Toast Sticks (4 pieces): Place on microwave-safe plate. Cook on high for 1 minute 30 seconds.

**Breakfast Pizza:** Remove from clear overwrap. Place on microwave safe plate. Cook on high for 1 minute 45 seconds to 2 minutes 15 seconds. Pizza is done when cheese is melted.

**Turkey Bacon:** Place on paper towel on a microwave safe plate, microwave on high for 15-20 seconds.

Beef Sausage Patty: Microwave on high for 45 seconds to 1 minute.

**Egg & Cheese Muffin:** Frozen: Open one end of wrapper. Heat on high for 30 seconds. Remove wrapper and let stand 1 minute. Thawed: Open one end of wrapper. Heat on high for 20 seconds. Remove wrapper and let stand 1 minute.

Nacho Pretzel Pocket: From frozen, microwave on high for  $2\frac{1}{2}$  - 3 minutes; From thawed, microwave on high for 30-45 seconds.

**Teriyaki Beef Nuggets:** Microwave in bag on high for 1-2 minutes.

Corn Dog: Microwave in bag on high for 1-2 minutes.

Chicken Patty: Microwave (patty only) in bag on high for 2-3 minutes, let stand 1-2 minutes before serving; assemble sandwich after patty is cooked.

Chicken Drumstick: Microwave in bag on high for 4 minutes.

**Grilled Cheese:** Open one end of package and place on microwave safe plate. Microwave for 40-50 seconds or until heated through.

Chicken Nuggets: Microwave in bag for 1½ - 2 minutes.

Bean Burrito: Open one end of package to vent. Cook 45-60 seconds. Let rest for 1 minute after cooking.

Cheese Pizza: Microwave in pizza box for 1 minute. Pizza is done when cheese is melted.

Cheesy Breadsticks: On a microwave safe plate, cook for 1 minute. Continue to cook at 20 second intervals until heated through.

Beef Burger: Microwave on high for 30 seconds to 1 minute.

Chicken Taco: Microwave on high for 1-1½ minutes, let stand for 30 seconds.

Macaroni & Cheese: Do not remove the vented film top prior to heating. Place one bowl in the microwave, heat on high for 2 minutes. Carefully remove the vented film top and stir.

Cheese Sliders: Remove sliders from wrapper, place on a microwavable plate. Heat for 1 minute, 30 seconds to 2 minutes, until cheese is melted. Let cool for 2 minutes.

Cheese Enchiladas: Heat one serving at a time. Open one end of wrapper to vent. Place on microwave safe plate and heat for 2 - 2½ minutes.



<sup>\*</sup>All cooking times are approximate and based on manufacturers recommendations. Cooking times may vary, adjust accordingly.

<sup>\*</sup>Caution: food will be HOT.

<sup>\*</sup>Discard food left out at room temperature for two hours or more.